KAOS YARN

KISS DRESS

SIZE
(XXS) XS (S) M (L) XL (XXL) XXXL
Burst circumference: (78) 84 (90) 96 (102) 108 (114) 118 cm
Sweater bust: (95) 101 (107) 113 (119) 125 (129) 133 cm
Positive ease: 11-17 cm (here: 11 cm)

YARN
Variant stripes - 11 colors:
1 strand SKINNY ANDEAN WOOL (150 m/50 g)
7088 Mysterious: (150) 150 (150) 150 (150) 200 (200) 200 g,
7007 Faithful: (50) 50 (50) 50 (50) 100 (100) 100 g
7011 Optimistic, 7017 Sunny, 7029 Charming, 7030 Fierce, 7044 Bubbly, 7055 Magnificent, 7059 Celestial, 7074 Fresh, 7075 Zealous: (50) 50 (50) 50 (50) 50 (100) 100 g of each color

Variant Single Color:
1 tråd SKINNY ANDEAN WOOL (150 m/50 g)
7031 Passionate: (500) 500 (500) 550 (550) 600(600)650 g

Alternative:
1 strand FINE ANDEAN WOOL (225 m/50 g)
(300) 300 (350) 350 (400) 400 (450) 450 g
Held together with
1 strand HALO BRUSHED ALPACA (225 m/25 g)
(150) 150 (175) 175 (200) 200 (225) 225 g

GAUGE
20 sts x 28 rnds in stockinette st, needles 4.5 mm
24 sts x 34 rnds in rib st (k 1, p 1), needles 3.5 mm

SUGGESTED NEEDLES
Circular needles 3.5 + 4 + 4.5 mm - 40/80 cm
Double pointed needles 3.5 + 4.5 mm or magic loop

The ultimate beginners' dress with no difficult techniques and with lots of opportunity to play with colors.

KISS is short for "Keep It Simple, Stupid". It reminds us not to get lost in complicated rules or unimportant details. The idea with KISS is that knitting should be easy. When you feel comfortable knitting, it gives you the courage to add your personal touch.

The KISS DRESS is a thigh-length dress in 2 versions. A striped dress with a loose fit and a solid-coloured version with a waist rib and three-quarter length sleeves. It is knitted from the top down, so you can try it on as you go and lengthen or shorten the sleeves, body, and rib edges as you wish.

You can choose to make a loose-fit dress by following the size for your bust circumference or go down one size to get a more closer-fitting dress as shown in both variants here.

There are no rules and no wrong way to do it - Just have fun!

#kisssweaterlight #kaosyarn

VIDEO GUIDES www.kaosyarn.dk/en/knitting-guide:
KISS SWEATER

ABBREVIATIONS
k = knit
P = purl
st(s) = stitch(es)
inc = increase(s)
dec =decrease(s).
rnd(s) = round(s)
M = stitch marker(s)
BOR = Stitch marker to mark the beginning of the round
inc-right = increase right.The leg in the sts leans to the right.
Using the left needle pick up the bar between the two sts below from the back. Knit through the front loop.
inc-left = increase left. The leg in the sts leans to the left.
Using the left needle pick up the bar between the two sts below from the front. Knit through the back loop.

STRIPES
When knitting stripes in many different colors, it is not as important that the same color finishes the sequence on both the sleeves and body. If you want a more defined look with the same colors ending the sequence, it is better to only choose 2 colors for a shorter and uniform color sequence.

When working the ribbing, there must be a minimum of 1 knit round before/after the ribbing. Here, there are 3 knit rounds in the ribbing's color.

COLOR CHANGE
On the yoke, the color change is made 2 stitches before the BOR marker. To make an invisible transition to the new color, first knit one round in the new color. In the next round, keep the first stitch in the new color on the left needle, while the stitch below is lifted onto the left needle and the 2 stitches are knit together. Continue knitting in the round.

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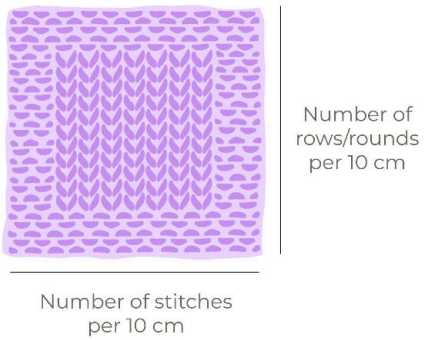
GAUGE SWATCH

For a good result, you need to make a gauge swatch. The sweater may not fit you if the gauge is off and many hours of work are wasted. A difference of a single stitch per 10 cm can easily give a difference of 5-10 cm on the finished sweater, which corresponds to 1-2 sizes.

The gauge describes how many stitches you must have per 10 cm horizontally on the swatch, and how many rows you must have per 10 cm vertically. If the number of stitches on your sample is too large compared to the pattern, switch to a larger needle. Switch to a smaller needle if the number of stitches is too small.



Cast on 32 sts using long tail cast on. Use 1 strand of Soft Merino held together with 2 strand of Soft Alpaca
Knit the first 5 rows in garter stitch while slipping the first stitch on all rows with the yarn in front (slip 1 wyf).
Repeat Row 1 and Row 2 until you have more than 10 cm stockinette on your sample:

Row 1 (RS): Slip 1 wyf, knit the rest of the stitches
Row 2: Slip 1 wyf, k 3, p 24, k 4

End with 5 rows of garter stitch and bind off as described on page 5, but knit all stitches. Wash or rinse the swatch, since some yarn stretches when washed. When the sample is wet, stretch it to its natural shape and lay it to dry flat on a towel. Measure the sample when it is dry.

NOTE! If the stitches are not the same size on the purl row as on the knit rows, then change to a smaller needle on the purl side for an even look. The gauge when knitting in the round on the sweater may vary from the sample, which is knitted back and forth. Be sure to check the gauge of the first part of the yoke to make sure the gauge fits.
Alternatively, you can also make the sample knit in the round - then cast on the double number of stitches..

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PATTERN
This dress is based on the KISS SWEATER LIGHT, which has a loose fit. Both dresses here are knitted one size smaller than indicated for the bust circumference, which gives a closer fit. At the bottom of the dress, decreases makes the ribbing tighter around the thighs, and in the red variant here ribbing has been added to accentuate the waist too. If you simply want a loose dress with a loose ribbing, you just follow your size and omit decreases on the bottom body ribbing.

Knit the dress in 1 strand of Skinny Andean Wool. You knit top-down: First the neck rib, then make increases on the yoke and then separate the body and sleeves. Then you continue with the body and finish with the sleeves. If you print out the pattern, you can highlight the stitches for your size before you start.

CAST ON
With circular needles 4 mm/40 cm cast on (116) 120 (124) 128 (128) 132 (136) 136 sts using long tail cast on. Your cast on edge needs to have elasticity and you make that by not pulling the yarn at the thumb too hard when casting on. Because this edge is knit together later it is better to make it a bit too loose than too tight. (See the sketch on p. 2 for measurements)
Join in the round - make sure that the stitches on the needle are not twisted around the needle / wire before knitting. Place a stitch marker on the needle to mark the beginning of the round (BOR). Knit the first stitch tightly when you start the rib.

Knit 28 rounds of rib stitch (k 1, p 1) or 10.5 cm. Fold the rib on the middle with the right side out and knit the stitches on the needle together with the back loop of the cast on stitches. Make sure you combine the right stitches so the ribbing isn't twisted. Alternatively, you can choose to stitch the hem to the back at the end.

YOKE
Mark the first marker (BOR), which is already on the needle, to distinguish it from the 7 markers (M) that will be placed now, making a total of 8 markers. The markers are placed before and after a raglan stitch (raglan-st) to mark where to increase on the sleeves and front/back. Switch to circular needle size 4.5 mm and position the 7 markers (M) as you knit next round as follows:

Move BOR onto right needle, k 1, place M,
Knit (15) 15 (15) 15 (15) 15 (17) 17 sts (right sleeve), place M, k 1 (raglan st), place M,
Knit (41) 43 (45) 47 (47) 49 (49) 49 sts (front), place M, k 1 (raglan st), place M,
Knit (15) 15 (15) 15 (15) 15 (17) 17 sts (left sleeve), place M, k 1 (raglan st), place M,
Knit (41) 43 (45) 47 (47) 49 (49) 49 sts (back)

Increases are made before and after the raglan sts + M increasing the number of stitches by 8 on each inc round. You make an Inc-R before each M and Inc-L right after each M. The first inc of the round is made before the BOR marker.

Round 1:
Inc-right, slip BOR, k 1 (raglan st), slip marker, inc-left,
*k to next marker, inc-right, slip marker, k 1 (raglan st), slip marker, inc-left. * Repeat from * - * to BOR.

Round 2:
Knit all stitches.

Repeat round 1 + 2 a total of (22) 24 (26) 28 (30) 32 (34) 36 times . Switch to a longer circular needle when needed.
Total: (292) 312 (332) 352 (368) 388 (408) 424 sts.
Sleeves: (59) 63 (67) 71 (75) 79 (85) 89 sts. Front/Back: (85) 91 (97) 103 (107) 113 (117) 121 sts

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BODY
On the next round, the stitches of the sleeves should be placed on a stitch holder or a piece of scrap yarn while knitting the body. The raglan-sts are added to the body. Make new stitches with backward loop cast on in each side of the sweater between the front and back, and remove all markers except BOR along the way:

Remove BOR, k1, make (8) 8 (8) 8 (10) 10 (10) 10 new sts, and place BOR in the middle of those new sts.
Place (59) 63 (67) 71 (75) 79 (85) 89 sts on scrap yarn (right sleeve), knit 1 (raglan st), knit (85) 91 (97) 103 (107) 113 (117) 121 sts (front piece), knit 1 (raglan st), make (8) 8 (8) 8 (10) 10 (10) 10 new sts. Place (59) 63 (67) 71 (75) 79 (85) 89 sts on scrap yarn (left sleeve),
knit 1 (raglan st), knit (85) 91 (97) 103 (107) 113 (117) 121 sts (back)

Body: (190) 202 (214) 226 (238) 250 (258) 266 sts
You can now choose between 2 variations with and without a waist rib. The striped dress is knitted without a waist rib.

VARIANT WITHOUT WAIST RIB
Knit in the round until the work measures 53 cm from the cast-on edge under the sleeves - or until the dress reaches the middle of your thigh. We are all different, and it is a good idea to try the dress so to make sure it fits you precisely. If a longer dress is desired, continue knitting in the round to the desired length. If knitting stripes, continue the colour sequence to the full length and switch to the rib colour here. Change to circular needle size 3.5 mm and knit one round knit with decreases as follows:

Rib decreases: *knit 12, knit 2 stitches together*. Repeat *-* until the stitch count is reduced by (13) 14 (15) 16 (16) 17 (18) 18 stitches. Total stitch count: (177) 188 (199) 210 (222) 233 (240) 248 sts

Knit 40 rounds of rib (k 1, p 1), or until the rib measures 12 cm. Proceed to BIND OFF.

VARIANT WITH WAIST RIB
Knit in the round until the work measures 12 cm from the cast-on edge under the sleeves - or until the dress reaches 6 cm above your waist. We are all different, and it is a good idea to try the dress so to make sure it fits you precisely. Change to circular needle size 3.5 mm and knit one round knit with decreases as follows:

Rib decreases: *knit 12, knit 2 stitches together*. Repeat *-* until the stitch count is reduced by (13) 14 (15) 16 (16) 17 (18) 18 stitches. Total stitch count: (177) 188 (199) 210 (222) 233 (240) 248 sts
Knit 40 rounds of rib (k 1, p 1), or until the rib measures 12 cm.

Change to circular needle size 4.5 mm and make increases on the next round as follows:

Increases: *knit 13, inc-left*. Repeat *-* until the stitch count is increased by (13) 14 (15) 16 (16) 17 (18) 18 stitches.
Total stitch count: (190) 202 (214) 226 (238) 250 (258) 266 sts

Continue knitting in the round until the work measures 53 cm from the cast-on edge under the sleeves - or until the dress reaches the middle of your thigh. Change to circular needle size 3.5 mm and knit one round knit with decreases as follows:

Rib decreases: *knit 12, knit 2 stitches together*. Repeat *-* until the stitch count is reduced by (13) 14 (15) 16 (16) 17 (18) 18 stitches. Total stitch count: (177) 188 (199) 210 (222) 233 (240) 248 sts

Knit 40 rounds of rib (k 1, p 1), or until the rib measures 12 cm. Proceed to BIND OFF.

BIND OFF
When binding off the stitches, it is important to make an edge with good elasticity, so make sure not to knit too tightly, or maybe bind off on a larger needle. The stitches are knit in rib st before they are bound off as follows:

Knit 1, purl 1, slip the first stitch over the second stitch and off the right needle. Continue to knit and purl the stitches and slip the previous stitch over and off the right needle until you have bound off all stitches. Break the yarn and pull out the yarn end of the last stitch and fasten it around the first stitch you bound off and back into the last stitch, for a nice finish.

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SLEEVES
Place the resting sts from one sleeve on circular needles size 4,5 mm or on double pointed needles. Knit (8) 8 (8) 8 (10) 10 (10) 10 new stitches in the new sts between front and back of the body and place BOR in the middle of these sts.
Total sts: (67) 71 (75) 79 (83) 87 (93) 97 sts. **Tip:** To avoid holes at each side of the new stitches, you can knit up and extra st in both sides, and knit them together with an adjacent sleeve stitch on the next round (see video guide: KISS SWEATER).

The sleeves can be varied in full or three-quarter length. Choose here between THREE-QUARTER LENGTH or FULL LENGTH.

THREE-QUARTER LENGTH
Knit in the round (28) 27 (26) 25 (25) 24 (23) 22 cm or until the sleeve reaches halfway down your forearm. Measurements are taken from cast-on stitches of the armhole. Proceed to SLEEVE RIBBING.

FULL LENGTH
Knit in the round /43) 42 (41) 40 (40) 39 (38) 37 cm or to desired length. Measurements are taken from cast-on stitches of the armhole. Proceed to SLEEVE RIBBING.

SLEEVE RIBBING
Switch to needle size. 3.5 mm and knit one round while reducing the number of stitches like this:

SIZE XXS, XS, S, M::	**SIZE L, XL :**	**SIZE XXL, XXXL**
k 2, knit 2 stitches together.	*k 2, knit 2 stitches together, k 1, knit 2 stitches together*	*k 1, knit 2 stitches together*

Repeat *-* and adjust the number of decs at the end of the round until you reach: (52) 54 (56) 58 (60) 62 (62) 64 sts.
Finish off with 18 rounds of rib st (k 1, p 1) or until the rib measures 5 cm. Bind off the stitches as on the body.

Knit the other sleeve the same way.

FINISHING
Weave in all ends and close off any gaps that might be around the new sts under the sleeves. If you chose not to knit the neck rib together, fold it down and stitch it to the back. Wash or rinse your dress and lay it flat to dry on a towel. -
Tip: If your dress is striped with a high color contrast, it is a good idea to add a little vinegar to the wash water to avoid possible color bleeding.

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